Good morning Cougars today is Friday, September 22nd. This is \_\_\_\_\_\_\_\_\_\_\_\_\_ with your morning announcements!

Today’s lunch menu is

Hamburger w/smile Potatoes

Chef salad

Parfiat w/ Granola

Deli Box w/ Apple Muffin Top

Sliced red apples

Attention all teachers, please reward students that are wearing ACMS gear or purple with intention 10 cougar cash

There will be a flag football tournament during 7th & 8th grade lunch starting next week. Students can pick up an application at the student window outside the front office.

You can also access the application at the QR code below.



Congratulations to the 8th grade boys and girls volleyball team for their respective victories vs Tropico Middle School. Today after school, the volleyball teams will be facing Cole Middle School. Boys will be home defending the creek and the girls will be away.

Attention all students who are interested in trying out for the ACMS Cross Country team. Applications are now available in the student information center. Try-outs will be this today after school until 4p. Applications can be turned into Mr. Frank in T-3 or to Ms. Hunter.