

Desert View's PBIS

Newsletter

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Schooling at Home

With families stepping in as their child's teacher, PBIS should not be forgotten. Remember, PBIS stands for Positive Behavior Interventions and Supports and it can be utilized at home to help motivate students and deal with any challenging behavior that may arise.

Here are some suggestions to make schooling from home a more productive time:

- Give your child the option of which subject they'd like to do first.
- Create a routine—the majority of kids do better with one!
- Do what works for your family. If you don't start lessons until later in the day, that's okay!
- Don't be afraid to offer some incentive.
- Give yourself some grace! This is new for everyone and it's okay if it's not perfect.

Problem Behavior at Home

The Lancaster School District has provided access to the District's Counseling webpage for additional resources. You can also directly contact Desert View's School Counselor and set up an appointment with her. Ms. Kegley's website is:

<https://sites.google.com/lancsd.org/desert-view-counseling/home> or you can go to lancsd.org—Remote Learning—Scroll down to click the white tab, Link to Your School Counseling Website—Select Desert View.

Don't assume children know the expectations for school at home, sit down and talk with your child(ren) about what

is expected of them. Having a routine in place also gives children the predictability that they crave in such changing times. If possible, allow your child(ren) an option as to what subjects or websites they'd like to do first. Structured choice lets kids feel like they have some say in what they are doing. Also, create effective consequences that will help teach them what acceptable behavior is vs. unacceptable behavior. Give your child your attention and catch them being good. Praise them when you see or hear the desirable behavior. For example, "Thank you for getting started on your work without being asked," "Good job for asking mom when you needed help, without getting frustrating/whining," "I appreciate that you did your school work with a positive attitude today," "You really worked hard on getting those iReady lessons passed," etc.

Incentives at Home

Don't be afraid to offer some incentives to help motivate your student. You can use a stamp chart, listing the top 2-3 behaviors you want to see daily. Once your child displays those behaviors they can get a stamp/sticker for that day. When they fill up their chart they can get some type of reward. Such as: choose the movie, decide what to eat for dinner, choose a game the family can play, one-on-one time with a parent, 20-30 minutes of a video/computer game, allowed to make a recipe, a toy, a sweet treat—use what your child would enjoy.

Data to Celebrate

iReady is an instructional program that Lancaster School District uses for Reading and Math lessons, which are tailored to individual student needs. Students should spend approximately 15-20 minutes daily on this program. **Congrats to 3rd and 5th grade for having the most kids using this important instruction!**

Stamp Chart Example

You can change the expected behaviors to whatever you would like to see in your child. Perhaps you want to add, worked peacefully with siblings, or stayed on task—whatever needs your family has—I would add no more than 5 however. Students can receive a stamp/cross out or even color the boxes as they fill them up. For each expected behavior they can fill in a square. For this example, it can be up to 3 boxes filled in one day!

- Completed work with a positive attitude
- Did an extra assignment/more time on iReady
- Started work without being asked
